



DEFTDIGITS
GUITAR LESSONS

128 Strumming Patterns

This is an excerpt from the *128 Strumming Patterns* course text. This PDF contains the 128 patterns only. The full course includes playalong videos for all 128 patterns and additional advice on the following topics:

- Strumming Technique
- 8 Steps to Learn a Strumming Pattern
- The 2 Most Common Patterns
- 3/4 Time
- Swing Feel
- Modifying Patterns on the Fly
- Using Strumming Patterns to Create Riffs
- Bass Notes, Chucks, Mutes

In the course, I will guide you through all 128 strumming patterns, but you will gain so much more in the process. This training will make your sense of rhythm more intuitive across all musical instruments and genres. You will be able to manipulate strumming patterns by sound and feel, creating variations on the fly. You will be able to hear and play rhythms that work in a song without thinking about the exact strums or having someone else tell you how to strum it.

If you are interested in purchasing the full course, I'd like to offer you a **15% discount** as a thank you for taking the first step in downloading this PDF. Just click the link below to claim your discount:

https://courses.deftdigits.com/courses/128-strumming-patterns/?coupon_code=PDFTHANKS

Cheers!

Joe

Level 1

1: D
1 2 3 4

2: D D
1 2 3 4

3: D U D
1 and 2 3 4

4: D D D
1 2 3 4

5: D D U D
1 2 and 3 4

6: D U D U D
1 and 2 and 3 4

7: D U D D
1 and 2 3 4

Level 2

8: D D D D
1 2 3 4

9: D D D U D
1 2 3 and 4

10: D D U D U D
1 2 and 3 and 4

11: D D U D D
1 2 and 3 4

12: D U D U D D
1 and 2 and 3 4

13: D U D D D
1 and 2 3 4

14: D U D D U D
1 and 2 3 and 4

15: D U D U D U D
1 and 2 and 3 and 4

Level 3

16: D D D D
1 2 3 4

17: D D U D
1 2 3 and 4

18: D D D D
1 2 3 4

19: D U D
1 and 2 3 4

28: D U D U D
1 2 and 3 and 4

20: D
1 2 3 4

29: D U D D
1 and 2 3 4

21: D D
1 2 3 4

30: D U D U D
1 and 2 3 and 4

Level 4

Level 6

22: D U U D U D
1 and 2 and 3 and 4

31: D D U D
1 2 3 and 4

23: D U D U U D
1 and 2 and 3 and 4

32: D U D U D
1 and 2 3 and 4

24: D D U U D
1 2 and 3 and 4

33: D D U D
1 2 and 3 4

25: D U U D D
1 and 2 and 3 4

34: D U D U D
1 and 2 and 3 4

26: D U U U D
1 and 2 and 3 and 4

Level 7

Level 5

35: D D D U
1 2 3 and 4

27: D U D D
1 2 and 3 4

36: D D U D U
1 2 and 3 and 4

37: D U D D U
1 and 2 3 and 4

46: D U D U
1 2 and 3 and 4

38: D U D U D U
1 and 2 and 3 and 4

47: D U D
1 2 and 3 4

Level 8

39: D U D
1 2 3 and 4

49: D U D
1 and 2 3 4

40: D U D
1 2 and 3 and 4

50: D U D U
1 and 2 3 and 4

41: D U D
1 2 and 3 4

51: D U U D U
1 and 2 and 3 and 4

42: D U U D
1 and 2 and 3 4

Level 10

43: D U D
1 and 2 3 4

52: D D U
1 2 3 and 4

44: D U U D
1 and 2 3 and 4

53: D D U U
1 2 and 3 and 4

Level 9

45: D U D U
1 2 3 and 4

54: D D U
1 2 and 3 4

55: D U D U
1 and 2 and 3 4

56: D U D U U
1 and 2 and 3 and 4

57: D U D U
1 and 2 3 and 4

Level 11

58: D U
1 2 3 and 4

59: D U U
1 2 and 3 and 4

60: D U
1 2 and 3 4

61: D U U
1 and 2 and 3 4

62: D U
1 and 2 3 4

63: D U U
1 and 2 3 and 4

64: D U U U
1 and 2 and 3 and 4

Level 12

All of the remaining patterns use a transition upstrum on the “and” of 4. When this strum is present, start by going through all the steps without it. Then, while playing, allow it to happen softly, between chords, as if by accident. You will end up hitting open strings, muted strings, or an incomplete chord on that final upstrum while the following downstrum lands clearly on the new chord.

65: D U
1 2 3 4 and

Level 13

66: D D D D U
1 2 3 4 and

67: D D D U D U
1 2 3 and 4 and

68: D D U D U D U
1 2 and 3 and 4 and

69: D D U D D U
1 2 and 3 4 and

70: D U D U D D U
1 and 2 and 3 4 and

71: D U D D D U
1 and 2 3 4 and

82: D U U U D U
1 and 2 and 3 and 4 and

72: D U D D U D U
1 and 2 3 and 4 and

83: D U D D U
1 2 and 3 4 and

73: D U D U D U D U
1 and 2 and 3 and 4 and

84: D U D U D U
1 2 and 3 and 4 and

74: D D D U
1 2 3 4 and

85: D U D D U
1 and 2 3 4 and

75: D D D U D U
1 2 3 and 4 and

86: D U D U D U
1 and 2 3 and 4 and

76: D D D U
1 2 3 4 and

87: D D U D U
1 2 3 and 4 and

77: D U D D U
1 and 2 3 4 and

88: D U D U D U
1 and 2 3 and 4 and

78: D U U D U D U
1 and 2 and 3 and 4 and

89: D D U D U
1 2 and 3 4 and

79: D U D U U D U
1 and 2 and 3 and 4 and

90: D U D U D U
1 and 2 and 3 4 and

80: D D U U D U
1 2 and 3 and 4 and

91: D U D U
1 2 3 and 4 and

81: D U U D D U
1 and 2 and 3 4 and

92: D U U D U
1 2 and 3 and 4 and

93: D U D U
1 2 and 3 4 and

94: D U U D U
1 and 2 and 3 4 and

95: D U D U D U
1 and 2 3 4 and

96: D U U D U
1 and 2 3 and 4 and

Level 14

97: D U
1 2 3 4 and

98: D D U
1 2 3 4 and

99: D U D U
1 and 2 3 4 and

100: D D D U
1 2 3 4 and

101: D D U D U
1 2 and 3 4 and

102: D U D U D U
1 and 2 and 3 4 and

103: D U D D U
1 and 2 3 4 and

104: D D U
1 2 3 4 and

105: D D D U U
1 2 3 and 4 and

106: D D U D U U
1 2 and 3 and 4 and

107: D U D D U U
1 and 2 3 and 4 and

108: D U D U D U U
1 and 2 and 3 and 4 and

109: D D U U
1 2 3 and 4 and

110: D U D U U
1 2 and 3 and 4 and

111: D U D U
1 2 and 3 4 and

112: D U U D U
1 and 2 and 3 4 and

113: D U D U
1 and 2 3 4 and

- 114: D U D U U
 1 and 2 3 and 4 and
- 115: D U U D U U
 1 and 2 and 3 and 4 and
- 116: D D U U
 1 2 3 and 4 and
- 117: D D U U U
 1 2 and 3 and 4 and
- 118: D D U U
 1 2 and 3 4 and
- 119: D U D U U
 1 and 2 and 3 4 and
- 120: D U D U U U
 1 and 2 and 3 and 4 and
- 121: D U D U U
 1 and 2 3 and 4 and
- 122: D U U
 1 2 3 and 4 and
- 123: D U U U
 1 2 and 3 and 4 and
- 124: D U U
 1 2 and 3 4 and
- 125: D U U U
 1 and 2 and 3 4 and
- 126: D U U
 1 and 2 3 4 and
- 127: D U U U
 1 and 2 3 and 4 and
- 128: D U U U U
 1 and 2 and 3 and 4 and

Need Some Extra Help?

This has been an excerpt from the *128 Strumming Patterns* course text. The full course includes playalong videos for all 128 patterns and additional advice on the following topics:

- Strumming Technique
- 8 Steps to Learn a Strumming Pattern
- The 2 Most Common Patterns
- 3/4 Time
- Swing Feel
- Modifying Patterns on the Fly
- Using Strumming Patterns to Create Riffs
- Bass Notes, Chucks, Mutes

If you are interested in purchasing the full course, I'd like to offer you a **15% discount** as a thank you for taking the first step in downloading this PDF. Just click the link below to claim your discount:

https://courses.deftdigits.com/courses/128-strumming-patterns/?coupon_code=PDFTHANKS

Or you can type in **courses.deftdigits.com**, enroll in *128 Strumming Patterns*, and enter the coupon code PDFTHANKS at checkout.

Cheers!

Joe